

## **Rules and Regulations for the Climbing Wall at Lynch River County Park**

- Must be 8 years or older to climb
- Each member who uses the climbing wall must have signed a consent agreement.
- Climbing is only permitted during open wall hours and with staff supervision.
- Only trained LRCP Climbing Wall staff may belay.
- LRCP provides harnesses, ropes, and belays.
- Appropriate shoes are required (close toe shoes) (no flip flops, sandals, crocs or dress shoes)
- When the wall is busy, climbers will be allowed 2 falls during a climb. After 2 falls, the climber must give up the rope.
- Food and/or beverages are **NOT** allowed in the climbing area.
- Dangling jewelry, watches, rings, bracelets, excessively loose clothing, gum, candy, and items in pockets must be removed when climbing or belaying.
- Any one standing in the drop/fall zone **MUST** wear a helmet at all times.
- **Must weigh at least 30 lbs and no more than 300 lbs.**